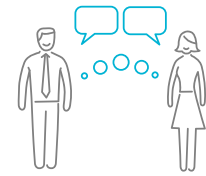


COACHING SUPERVISION

A structured formal process for coaches to improve the quality of their coaching



WHO IS IT FOR?

For coaches, independent consultants and therapy professionals.

FOR WHAT PURPOSE?

As with most professions dealing with accompaniment, professional coaching implies the recourse to a supervision process.

It involves a process of growth, ethics, and professionalism in the coach, to serve the coachee.

HOW DOES IT WORK?

Supervision involves a permanent mechanism to which the coach resorts at sufficient, regular intervals, that is within the same framework of confidentiality.

The supervision can take place:

- › in the context of a dual relation with the supervisor (individual supervision)
- › and/or within a group with a supervisor (collective supervision or group supervision)
- › in French or in English

Supervision relies on a specific contractual approach: a supervisor does not have any other role vis-à-vis the coach, whether that of trainer (in coaching or otherwise), therapist, peer, colleague or associate.

CHOOSING YOUR SUPERVISOR

We believe that experience and seniority are not enough to become a good supervisor. Self-assessment is not deemed a satisfactory approach.

The EMCC has developed and continues to develop standards of quality for coaches and now also for coach supervisors, and for the training of coach supervisors.

A school having obtained the ESTQA (European Supervision Training Quality Award from the EMCC) has certified all our supervisors.

We are founding members of the PSF, the Professional Supervisors Federation.

WHAT IS SUPERVISION?

“The process by which a coach, with the help of a supervisor, can reach better understanding of both the client system and themselves as part of the client-coach system, and by so doing transform their work and develop their craft.”

Hawkins and Smith, 2006